

Advocacy

Some survivors may need independent advocacy and support on issues such as accessing legal advice, benefits information, housing matters etc.

Library & Resources

We have a selection of books And materials covering a wide range of issues surrounding sexual abuse.

Confidentially

KASP is highly aware of the need for confidentiality for survivors. We do not pass on information to any individual or agency without your prior consent. We keep minimal records and operate an Open Policy. Full information on our Confidentially Policy will be discussed with you on your first appointment.

Kingdom Abuse Survivors Project

182A The Esplanade
Kirkcaldy
Fife
KY1 1RE

Telephone: 01592 644217
e-mail: info@kasp.org.uk
website: www.kasp.org.uk

Opening Times:

Monday & Tuesday 9am-8pm

Wednesday & Thursday 9am-5pm

Friday 9am-2pm

Out with these hours an answering machine is available where you can leave a contact number and someone will get back to you as soon as possible.

We regret that we do not have disabled access, but we are happy to provide counselling in suitable premises outwith the project as appropriate.

Charity No SC023079

Company No SC524668



Kingdom Abuse Survivors Project



Supporting Survivors of Childhood Sexual Abuse In Fife

Who are we?

KASP is an independent voluntary organisation offering a range of free confidential support services to survivors of childhood sexual abuse (male and female). We offer:

- Individual counselling
- Support to partners and friends
- Support for non-abusing parents of children who have been abused
- Support to other workers & organisation

The project staff are assisted by a group of volunteer counsellors, who are carefully selected to work with the services and possess the necessary skills and training.

Sexual abuse may have been perpetrated by a member of the family, a family friend, another trusted adult, a stranger or a group of adults, it may have happened once, or over a period of time. Sexual abuse can mean a wide range of experiences-the most important thing is for the survivor to identify the experience as sexually abusive. If you feel your life has been affected by childhood sexual abuse, you can contact us for support.

KASP do not work with survivors who are perpetrators.

How to Access our Services

You can refer yourself by telephoning the number on the back of this leaflet. A friend or family member can make the call, with your consent, or you may wish to ask your doctor, health visitor or social worker to call on your behalf.

Information Sessions

All new clients will be offered an information session with one of our staff members - this is fairly informal and enables us to discuss with you what the project provides and allows you to choose which service best suits your needs. There is no expectation for you to disclose private details of your abuse - you can also bring along someone with you if you feel that would help.

Counselling

Counselling offers a confidential space where it is safe to talk about yourself. A counselling session, which can either be face to face or electronically, lasts about one hour, and is usually weekly or fortnightly. At very busy times, we may have to operate a waiting list – we will however offer you an information session within 10 days. Support via telephone is available until you receive your appointment.

Support – Crisis Support

Some survivors may not want regular counselling, but feel the need for occasional support on a more flexible basis – for example when things get on top of you or something triggers a flashback.

Partners, Family & Friends, Parents

We offer support, information and advice for partners, families and friends of survivors.

We offer individual or group support for non abusing parents of children who have been sexually abused.

Groups

Many survivors find it helps to share their experiences with other survivors in a group setting. It can offer many advantages in the healing process, by breaking the feeling of isolation that abuse can leave you with.